EMPOWERMENT Contract for





A Roadmap to Personal Power and Elevating Your Life

> LISA J WILSON RADICALLY AUTHENTIC YOU

2024

Hello and Welcome to Your Sacred Empowerment Contract.

This is a binding agreement with your soul, to be honored and respected deeply.

Beginning this contract ignites energies that harmonize with your innermost aspirations, guiding you to embrace divine wisdom, driving your life's journey forward.

Written with divine love, it is a living commitment to your evolution and a reflection of your dedication to becoming your truest self.

Embrace this contract as a guiding light on your path to fulfillment, purpose, and transformation, reminding you of your power to create, heal, grow, and thrive in your authenticity.





FIND A QUIET PLACE grab a warm beverage, get comfortable and enjoy the journey

Start with setting your intention and invite your soul in to guide this process for you on your behalf.

As you go through the Empowerment Contract, take your time. **Get clear on what truly sparks your heart.** What lessons did you learn in 2023. **What successes** did you have? Are you aware of the GIFTS you received through the challenges? Some of the 'gifts' would be courage, strength, bravery, setting boundaries, etc...

Your Empowerment Contract 2024

I'm grateful to my Soul for this miraculous life, and I am prepared to step into my intended purpose.

I AM ready to create each moment of my life moving forward with the TRUTH of who I AM.

I call in my soul to work through me on my behalf every day and in every way.

Today I RECLAIM myself and You, My Soul, for all that you are here to co-create with me.

I bask in the knowing that together we have accomplished...



On the next page, detail your wins and your losses from the past year. Dive deep and be specific - **capture the milestones**, the small victories, the growth moments, and the lessons learned. **Reflect on the past year,** feel and acknowledge the progress you've made on your journey.

This is your space to celebrate your successes and recognize the steps you've taken towards your goals.

All this learning has left me feeling so grateful to be alive and excited to discover what the future has in store for me.

I'm excited about all the changes coming into my life and look forward to...

this is where you will get clear about what you want to create in 2024





My heart is filled with love, joy, and respect for myself every day as I work towards becoming the person my soul intended for me to be in this life.

My intention is clear: My Soul, you who prioritize my best interest, guide me to evolve into a better version of myself. With unwavering commitment and dedication, I am on a quest to uncover my true purpose and, by being my authentic self, contribute to making the world a better place for everyone.

So it is. And So It Shall Be.

To further explore your soul's journey, <u>Schedule a Soul Alignment</u> <u>Reading.</u> This personalized session will offer deeper insights into your spiritual path, guiding you towards your true potential.