



So what has taken place in your **outer life** that has the same theme?

Your life is based on a theme, and the theme will continue to play out in every situation, in **every experience**.

When I **discovered** the part of me that felt powerless, I was able to see it in every area of my life. Powerless around business experiences, powerless in my relationships, powerless with my finances, powerless with my physical body. And **what happened was magic**.

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As I allowed myself—and I'm not going to sugarcoat this. Being radically authentic means **we speak our truth**.

I was humbled deeply into a dark crevasse of **seeing it so clearly**, feeling terror in every cell of my being in order to **fully integrate those aspects of me back home**. But I had to feel it. I had to breathe into the emotion of it. And then something magical happened.

I use the healing tool **Ho'oponopono** from Hawaiian teachers or a Hawaiian process that is **so powerful, so beautiful**. And Ho'oponopono says, once we get to **the root of the emotion**, then we want to **take full responsibility** for the way it has shown up in every area of our life.

It's not that you have to know it completely. You were working on a lot of our subconscious programming, **our vibrational frequency**.

So when we clean the energy of it, we say, "**I'm so sorry**. I'm so sorry for that part of me that created this life





experience. **Please forgive me. I love you. And thank you.**"

And **magic** happens in your life.

All of a sudden your world externally will start to transform and mirror back to you what it's like to **fully integrate your fragmented self** back home, to **release the persona**, and **start living the truth of who you are**.

Ho'oponopono says, once we get to the root of the emotion, then we want to take full responsibility for the way it has shown up in every area of our life.

I am so excited to be here today, having this conversation with all of you. We're going to dive into so many various topics about **living radically authentic**. This is just **one key piece** that I know that starts to **build the foundation**.

If we're going to build a house, we want to build it on a **solid foundation**, so that when the wind blows, it doesn't come tumbling down. Your foundation is releasing the false persona, **standing in the truth of who you are**.

As we continue to have this conversation, we will dive into different experiences that will play out as you **claim your authenticity, fully accept yourself, and reinvent, rebirth the truth of who you are**.



I call it your **human divine blueprint**. It's a lot of the work that I teach. It's the **energy healing work** I do. It's **realigning you and integrating at a cellular level your human divine blueprint**. It's the complete fullness of who you are, where we clear the fear



programs. We release the false masks and persona.

Then **we start getting creative**, and it's amazing what takes place. We start to discover aspects of ourselves that have been out of touch with us, to **clear the energetic resonance** of a life that has brought you lack and limitation, so to speak, and step fully into the truth of who we are.

I look forward to more. We'll do processes. And I also have a **beautiful free gift** up that will support all of you with tools that will help really **shift consciousness**, to clear out these false programs, false masks.

There's a meditation I have up on my website, **Connecting with Your Divine Counterpart**, and that is connecting with the truth of who you are in your highest form. It's a **beautiful soul journey that ignites the heart** in such a huge way that really will shift consciousness.

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Look for my **Radically Authentic You telesummit** that will be coming out. I've been interviewing some **credible, wonderful people** living radically authentic lives on Radically Authentic You.

Together we are better as we come together to **create the support and connection** to help guide each one of us to fully release what's no longer serving each and every one of us, stepping into the truth of who we are, and really **guiding one another, supporting each other** through this process, through **this journey**.

Together we are better, and I look forward to more. Bye for now.